



Meal Prices:
Breakfast: \$1.45
Reduced: \$.30



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.
This institution is an equal opportunity provider.



Monday



Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

NO SCHOOL

2

NO SCHOOL

3

NO SCHOOL

4

Sausage Biscuit or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

7

Sausage & Pancakes
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

8

Biscuit & Gravy
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

9

Ham Cheese Egg Biscuit or
 Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

10

Breakfast Pizza or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

11

Sausage Biscuit or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

14

Omelet & Sausage Biscuit
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

8

Biscuit & Gravy
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

16

Sausage Waffles
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

17

Sausage ,Egg & Cheese
 Biscuit or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

18

Breakfast Pizza
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

21

Sausage Biscuit
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

22

Biscuit & Gravy or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

23

Ham, Cheese & Egg Biscuit
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

24

Frittata & Sausage Biscuit
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

25

Sausage & Pancakes
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

28

Sausage, Egg & Cheese
 Biscuit or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

29

Biscuit & Gravy
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

30

Breakfast Pizza
 or Poptart
 Or Variety of Muffins
 Milk, Juice & Assorted Fruit

31

